



## TOOL

# Seeking Help from Your Sponsor

### **PURPOSE**

This tool is to help the co-leads understand how a sponsor is able to support their UBT. When using this tool, co-leads will have guidelines to understand when it is appropriate and important to seek help from their sponsors.

### **When to Use**

Use this tool when trying to determine when and how to seek help from your sponsor based on your identified need.

### **Who Uses**

Co-leads.

### **How to Use**

Review this document and use it as a guide for seeking help and direction from your UBT sponsors based on the co-leads' self-identified needs.



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### When Seeking Clarity

- Ask your sponsor to meet with your UBT to help you communicate Kaiser Permanente and regional vision, business context, and expected results.
- Ask your sponsor to help you continuously communicate the Case for Change message.
- Ask your sponsor to help you set key milestones and monitor progress.
- Ask your sponsor to help you identify team gaps and support personal and professional development.

### When Seeking to Remove Barriers

- Identify barriers that you as co-leads are unable to remove. Seek counsel from your sponsor on how to remove barriers or ask for his or her assistance to remove the barriers.

### When Seeking Additional Consultation

- When in need of additional support resources, ask your sponsor to assist in obtaining consultation and to help you make use of UBT support specialists and subject-matter experts

### When Seeking Additional Resources

- If needed, ask your sponsor to allocate sufficient resources to fund your improvement work.
- Ask your sponsor to get team members performance improvement training if needed.

### When Concerned about Performance Management

- Seek sponsor mentoring and advice regarding how to deal with difficult situations in team member performance or behavioral issues.

### For Help with Reward and Recognition

- Seek sponsor mentoring and advice regarding questions of how to align reward and recognition systems to support the change and targeted performance improvement.