

LOVE FOR COLOR



PURPOSE:

This is a fun way for getting people to talk about the things they love.

MATERIALS:



Serval sheets of colored paper or sticky notes



Pens



Flip chart

TIMING:



10–15 minutes

INSTRUCTIONS:

A colorful and fun meeting icebreaker, this one will get people talking about things they love. Provide small sheets of paper in several colors (you could use sticky notes or colored index cards) and have each person take five. Then reveal a flip chart with associations listed for each color. For example:

YELLOW – a life goal you are working on

GREEN – your favorite book or movie

ORANGE – your favorite food

BLUE – one stressful thing about your job you wish you could improve

PURPLE – favorite way to revive yourself during the workday

RED – one thing you love about your job

Take a few minutes for people to write down their answers, one for each of their five sheets, then take turns sharing. Adjust the colors depending on what you have available, and change or add categories to suit your team!