

Team Up Against the Flu

Use these huddle messages to help your team meet the flu vaccination goal for the Performance Sharing Program (PSP).*

We all benefit from fighting the flu, whether or not your team has a PSP goal.

Flu vaccination also has a ripple effect. When more people stay healthy, it means fewer last-minute sick calls, more consistent attendance and better service for our patients — helping all Partnership union members meet their goals.



<u>Tips</u> to stay well and help hesitant patients:

- » A flu shot helps to protect you, your family and others from the flu. If you do get sick, your symptoms may be milder, helping you avoid the disruption of missing work, school or family responsibilities.
- The flu shot is safe and does not give you the flu. Any side effects are generally mild and go away within a few days.
- » Flu shots are essential for people who may be at higher risk for serious illness.
- » Members who fear the jab have an alternative: FluMist® (nasal spray).
- » Members can get the flu shot at no cost. Flu shot clinics are often an easy in and out. Find locations and times at kp.org/flu.

RESOURCES TO RALLY YOUR TEAM

Equip your team with the essentials for a healthy season.

- » Customize this <u>poster template</u> to promote the flu vaccination PSP goal among Coalition-represented workers.
- » Check your flu IQ with this quick icebreaker.
- » Encourage co-workers to get vaccinated. This <u>poster</u> shows you how. Post it on bulletin boards, in break rooms and other staff areas.

MAKE EVERY SHOT COUNT

If you get a flu shot outside of Kaiser Permanente, update your medical record. It's easy! Log on to the Kaiser Permanente website or mobile app and follow these steps:

- 1. Click "Records."
- 2. Under "Frequently Used Records," click "Questionnaires."
- **3.** Look for the questionnaire about the influenza (flu) vaccine.

^{*}Flu vaccination PSP goals apply to Coalition-represented workers throughout Kaiser Permanente and Alliance-represented workers in Hawaii, Mid-Atlantic States and Southern California. Georgia has a quality PSP goal that includes flu vaccination.

