PRACTICAL TIPS FOR SUCCESSFUL SHARING

SIN: Expect huge improvements quickly then start spreading right away.
DO THIS INSTEAD: Create a reliable process before you start to spread.

SIN: Don’t bother testing—just do a large pilot.
DO THIS INSTEAD: Start with small, local tests and several PDSA cycles.

SIN: Give one person the responsibility to do it all. Depend on “local heroes.”
DO THIS INSTEAD: Make spread a team effort.

SIN: Check huge mountains of data just once every quarter.
DO THIS INSTEAD: Check small samples daily or frequently so you can decide how to adapt spread practices.

SIN: Rely solely on vigilance and hard work.
DO THIS INSTEAD: Sustain gains with an infrastructure to support them.

SIN: Spread the success unchanged. Don’t waste time “adapting” because, after all, it worked so well the first time.
DO THIS INSTEAD: Allow some customization, as long as it is controlled and elements that are core to the improvements are clear.

SOURCE: Institute for Healthcare Improvement. Used with permission.